

## Five Feminine Principles for Living a Heart-Centered Life



"You're invited to **print this page** and take notes while you enjoy this rich tele-gathering on the **Five Feminine Power Principles** for Living a Heart-Centered Life!"

~ Laura Rubinstein, Founder  
[www.HeartCenteredWomen.com](http://www.HeartCenteredWomen.com)

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### Tele-Gathering Details

**Recording Date:** Thursday, January 24, 2008 -or-  
Tuesday, January 29, 2008

**Conference Line:** DIAL: 218-486-1300 Bridge#: 970813

**Length of Call:** 45 minutes

**Topic:** Five Feminine Power Principles

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### Tips to Get Maximum Value

- 1.** Print this handout so you can write notes on it while you listen.
- 2.** Be in a quiet room with no distractions.
- 3.** Reserve the entire 45 minutes for this event (avoid multi-tasking - you'll be glad you did).

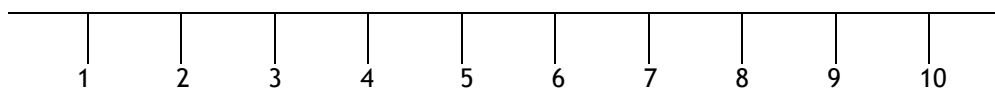
# Five Feminine Power Principles for Heart Centered Living

Four Questions to Contemplate:

1. What does being a heart-centered woman mean to you?

2. What's important about living a heart-centered life to you?

3. How close are you to living your ideal heart-centered life?



1 = I'm nowhere close

10 = I am living heart-centered 100% of the time or close

4. What would be possible if you were living more heart-centered?

Visit this [special link](#) to access your Free Tips on living a heart-centered life:

[www.heartcenteredwoman.com](http://www.heartcenteredwoman.com)

(Please write down your notes and answers BELOW while you listen).

### A heart-centered woman

1. Assumes \_\_\_\_\_ .
2. Makes \_\_\_\_\_ herself a priority
3. \_\_\_\_\_ every \_\_\_\_\_ of herself.

\_\_\_\_\_ leads to love.

## Five Feminine Power Principles also known as... The 5 C's of Feminine Power

#1. C \_\_\_\_\_

#2. C \_\_\_\_\_ C \_\_\_\_\_

#3. C \_\_\_\_\_ J \_\_\_\_\_

#4. C \_\_\_\_\_

#5. C \_\_\_\_\_

Being a Heart Centered Woman requires

Taking excellent \_\_\_\_\_

Being \_\_\_\_\_

You make choices based upon \_\_\_\_\_

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# Special Offer

## Heart-Centered Living Tele-Gatherings for Flourishing in Feminine Power

**5 week Intensive** (all via phone & email)

Visit this Heart-Centered Women special private page to claim your **BONUS GIFTS** when you register for the Heart-Centered Living 5-week tele-intensive:

WWW.\_\_\_\_\_.COM

*\*The key word to enter here will be given out at the end of the call.*

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